

	Apollo Trainings	Other Trainings
FDA-cleared PDO Threads Used	✓	?
Professional Didactic Sessions	✓	✓
World-Class Training Physicians	✓	?
Post-Training Physician Support	✓	?
70% Hands-on with Live Models	✓	?
All Models Provided	✓	?
No More Than 5:1 Trainer/Attendee Ratio	✓	?
All Procedural Supplies Provided	✓	?
Customer Video Book with Procedural Examples	✓	✗
Toolkit with All Necessary Procedural Tools	✓	✗
Thumb Drive Procedural Reference Videos	✓	✗
Facial Diagnostic Board and Insertion Cards	✓	✗
Refresher Retraining for Cost of Threads	✓	✗

Training At A Glance

- Trainee to Instructor Ratio: 5:1 guaranteed, some courses will be smaller allowing for more personalized attention
- Maximum Number of Trainees: 10
- Didactic Training: 1.5 hours- 2 hours
- Hands-On Training with Live Models: 6+ hours
- Models: Provided by ApolloMed, all common facial and neck modalities included, body threading is subject to candidate selection
- Number of Models: 10-20+ (depending on class size)

If there are any procedures you would like to focus on, please let us know in advance so we can provide the appropriate models

Two-Day Regional PDO Thread Training Itinerary

Day 1: Intro to Threads & Standard Threads Used Industry Wide

9:00AM - Class Begins

- Introduction to Other Attendees

9:15AM - Didactic Presentation

- History of Threads in the US
- Benefits of New Thread Technology
 - Safety
 - Efficacy

10:30AM - 10:45AM - Morning Break

10:45AM - Didactic Presentation

- Facial Diagnostics/Assessment - Universal Marks of Beauty
 - Symmetry
 - Anatomical Planes and Sagittal Planes
 - Rule of Thirds (Upper Face, Mid-Face Lower 1/3rd)
 - Proportionality
 - Facial 'Thirds'
 - Lips
- PDO Thread Toolbox - How, When & Where to Use Specific Threads
 - Smooth vs. Barb vs. Speciality
- Midface, Lower 1/3rd Thread Placement Techniques
- Treatment Parameters with Before & After Pictures
- Industry Retail Pricing - Potential Return on Investment

12:00PM - 1:00PM - Lunch Break (lunch provided)

1:00PM - 1:30PM - Live Demonstration from Consultation to Completed Procedure

1:30PM - 5:00PM - Live Model Procedures Performed by Attendees, Supervised by Trainers

5:00PM - 5:30PM - Question & Answers

5:30PM - Dismissal

6:30PM - 9:30PM - ApolloMed-Sponsored Dinner

Day 2: Speciality Threads and Advanced Techniques

9:00AM - Didactic Presentation

- Advanced Body Assessment Techniques
- Anesthesia Protocol
- Contraindications and Complications
- Post-Care Instructions
- Market Pricing

10:00AM - 10:30AM - Morning Break

10:30AM - 12:00PM - Second-Day Models Arrive

12:00PM - 1:00PM - Lunch Break (lunch provided)

1:00PM - 4:00PM - Additional Model Treatments

- Jowls, Jawline, Neck Chest, Abdomen, Knees, Arms - procedures performed are model-dependent
- We will set aside time for attendees to have a procedure if requested in advance

4:00PM - 5:00PM - Complete remaining treatments & Training Wrap-Up

- ApolloMed Staff and Training Physician(s) will assist in structuring first PDO thread order
- Exchange phone numbers with ApolloMed Staff and Trainers - for before & after pictures and further follow-up